



CHARLOTTE SPIRITUALITY CENTER



Spiritual Formation and Renewal Series 2019

January 19th : Understanding Spirituality. The first meeting will begin with the differences between religion and spirituality. Religion is a container, a crucible for spirituality, the experience of God, which keeps it grounded and anchored in reality. Then through listening and journaling, through contemplation and sharing we will explore the spiritual journey and the longing we feel for a deeper relationship with God.

February 16th : Incarnation Spirituality. It was God's choice to become human, to take on the limitations that implied. Yet, it is in this action that God raises our human potential. What can we learn from the Incarnation? We'll be delving into the meaning of soteriology, Jesus' baptism, and ministry from an incarnational/Ignatian point of view. *Short film with discussion.*

March 16th : Creating Our Spiritual Autobiography. This class is designed to equip you with the skills to write the story of your life with the Holy. A spiritual experience that will focus on your life's journey, this writing will include reflections on significant events, people and places that have influenced your relationship with God, others and yourself. *Guest presenter Dr. Barbara L. Peacock from BLP Ministries.*

April 20th : Art and Spiritual Formation. This class will focus on the dynamics of art for spiritual formation through discussion of the impact of art in your own spiritual journey and by interacting with various art forms. You will be offered several opportunities for creative expression and times to create with clay, with words, and with color. We will experience the relationship of "art in service to the soul" as Christine Valters Paintner and Betsey Beckman present in their book, "Awakening the Creative Spirit: Bringing the Arts to Spiritual Direction." *Presenter: Rev. Carol Hassell, MDiv, spiritual director and faculty member of the Charlotte Spirituality Center.*

May 18th : Embracing Your Inner Mystic: Theologian Karl Rahner, SJ said "The Christian of the future will be a mystic or he/she will not exist at all." This class will focus on Christian and Eastern mystics in history while inviting each student to claim their own mysticism/communication with the Holy.

June 15th : Gathering the Harvest while Introducing the Art of Spiritual Direction: Each student is asked to read one book over the six month program. We will gather for this class to hear each other's oral reports while learning the craft of spiritual direction.

\$450 for all six classes. Lunch included.

**Please mail a \$50 deposit to hold your space to:
Charlotte Spirituality Center, Attn: Linda Serepca
4800 Wedgewood Dr #100
Charlotte, NC 28210**